

Ford Library *Study Break Reads Kindle* Title List

34 Titles

- ***Be Useful*** : seven tools for life by Arnold Schwarzenegger
- ***The Body Keeps the Score*** : brain, mind, and body in the healing of trauma by Bessel van der Kolk M.D.
- ***Born a Crime*** : stories from a South African childhood by Trevor Noah
- ***Call Us What We Carry*** by Amanda Gorman
- ***Demon Copperhead*** (a Pulitzer Prize winner) by Barbara Kingsolver
- ***Determined*** : a science of life without free will by Robert M. Sapolsky
- ***Dreamland*** : a novel by Nicholas Sparks
- ***Elon Musk*** by Walter Isaacson
- ***The Exchange*** : after *The Firm* by John Grisham
- ***Finding Me*** : a memoir by Viola Davis
- ***From Strength to Strength*** by Arthur C. Brooks
- ***Heaven and Earth Grocery Store*** by James McBride
- ***Holly*** by Stephen King
- ***I'm Glad My Mom Died*** by Jennette McCurdy
- ***In The Dream House*** : a memoir by Carmen Maria Machado
- ***In-Between*** : unforgettable encounters during life's final moments by Hadley Vlahos
- ***Killers of the Flower Moon*** : the Osage murders and the birth of the FBI by David Grann
- ***The Last Rose of Shanghai*** by Weina Dai Randel
- ***The Last Thing He Told Me*** by Laura Dave
- ***Lessons in Chemistry*** : a novel by Bonnie Garmus
- ***The Lincoln Highway*** : a novel by Amor Towles
- ***The Love of my Life*** by Rosie Walsh
- ***Mad Honey*** by Jodie Piccoult and Jennifer Finney Boylan
- ***The Midnight Library*** by Matt Haig
- ***Our Missing Hearts*** : a novel by Celeste Ng
- ***Pesos*** : The rise and fall of a border family by Pietro La Greca Jr.

Interested in one of these titles? Click here to go to the [Kindle ebook reader - Study Break Reads](#) record in the catalog. Go to Requests, sign in with your Duke NetID and password, and click on one of the blue Request links.

Updated: 8/7/2026

- ***The Seven Husbands of Evelyn Hugo*** by Taylor Jenkins Reid
- ***The Song of Achilles*** by Madeline Miller
- ***Starry Messenger : cosmic perspectives on civilization*** by Neil deGrasse Tyson
- ***The Subtle Art of Not Giving A F*ck*** by Mark Manson
- ***Tom Lake*** by Ann Patchett
- ***Trust (a Pulitzer Prize winner)*** by Hernan Diaz
- ***The Vanishing Half : a novel*** by Brit Bennett
- ***Verity*** by Colleen Hoover

Interested in one of these titles? Click here to go to the [Kindle ebook reader - Study Break Reads](#) record in the catalog. Go to Requests, sign in with your Duke NetID and password, and click on one of the blue Request links.

Updated: 8/7/2026