## Ford Library Study Break Reads Kindle Title List 34 Titles

- Be Useful: seven tools for life by Arnold Schwarzenegger
- The Body Keeps the Score: brain, mind, and body in the healing of trauma by Bessel van der Kolk M.D.
- Born a Crime: stories from a South African childhood by Trevor Noah
- Call Us What We Carry by Amanda Gorman
- Demon Copperhead (a Pulitzer Prize winner) by Barbara Kingsolver
- Determined: a science of life without free will by Robert M. Sapolsky
- Dreamland: a novel by Nicholas Sparks
- o **Elon Musk** by Walter Isaacson
- The Exchange : after The Firm by John Grisham
- Finding Me : a memoir by Viola Davis
- From Strength to Strength by Arthur C. Brooks
- Heaven and Earth Grocery Store by James McBride
- o Holly by Stephen King
- I'm Glad My Mom Died by Jennette Mccurdy

- In The Dream House: a memoir by Carmen Maria Machado
- In-Between: unforgettable encounters during life's final moments by Hadley Vlahos
- Killers of the Flower Moon: the
   Osage murders and the birth of the
   FBI by David Grann
- The Last Rose of Shanghai by Weina Dai Randel
- The Last Thing He Told Me by Laura Dave
- Lessons in Chemistry: a novel by Bonnie Garmus
- The Lincoln Highway: a novel by Amor Towles
- o The Love of my Life by Rosie Walsh
- Mad Honey by Jodie Piccoult and Jennifer Finney Boylan
- o The Midnight Library by Matt Haig
- Our Missing Hearts: a novel by Celeste Ng
- Pesos: The rise and fall of a border family by Pietro La Greca Jr.
- The Seven Husbands of Evelyn Hugo by Taylor Jenkins Reid
- The Song of Achilles by Madeline Miller

- Starry Messenger : cosmic perspectives on civilization by Neil deGrasse Tyson
- The Subtle Art of Not Giving A F\*Ck
   by Mark Manson
- o **Tom Lake** by Ann Patchett
- Trust (a Pulitzer Prize winner) by Hernan Diaz
- The Vanishing Half: a novel by Brit Bennett
- o *Verity* by Colleen Hoover